

ELEMENTS MENTORING AND PSYCHOTHERAPY AND CENTRESPOKE CONSULTING PRESENT

EVOLVING SOULFULLY FOR MEN

AN ADVENTUROUS, SEVEN-MONTH JOURNEY EXPLORING THE MASCULINE SELF, SOUL AND SPIRIT TO CULTIVATE NATURAL VITALITY, DEEP PRESENCE, INTIMACY, MEANING AND PURPOSE

Join Dave, Roq and fellow companions in this seven-month-long Hero's Journey with men who want to deepen healing and awakening in the company of other men.

- ‡ LEARN PRACTISES TO ACCESS THE EXPANSIVE MASCULINE SPIRIT
- ‡ EXPLORE FOUR CORE MASCULINE ARCHETYPES OF THE SELF
- ‡ JOURNEY THROUGH THE FOUR WORLDS OF SOUL

We will gather in Vancouver, from 10am-5pm, on the 2nd Saturday of every month, from December 2015 to June 2016.

Toward the end of the series you will be given the opportunity to attend an optional soulful men's retreat and form an ongoing men's Evolving Soulfully group to continue your support and integration.

FREE Introduction with a one-to-one, 30-minute Mentoring Session with Dave or Roq to see if the program is right for you at this time.

- 12.12.2015 ‡ 1: Earth - The Ordinary Life of Separation
- 01.09.2016 ‡ 2: Water - The Call to the Inner World of Psyche
- 02.13.2016 ‡ 3: Fire - Allies, Mentors and Elders on the Path
- 03.12.2016 ‡ 4: Air - Home of the Soul and Soulful Relationships
- 04.09.2016 ‡ 5: Ether - Transformation—Our Unfolding Soul
- 05.14.2016 ‡ 6: Mineral - The Gifts of Meaning and Purpose
- 06.11.2016 ‡ 7: Nature - Soul of the World—Living the Soulful Life

The investment is **\$595 for the series**, or 7 postdated, monthly payments of \$95. Space is limited to 10 participants.

Contact: 604-739-6053 or davewaugh1@gmail.com



Dave Wali Waugh RPC is a Wholistic Mentor and Psychotherapist with twenty-five years' experience in evolutionary men's work. He is the author of *Evolving Soulfully: Cultivating Natural Vitality, Deep Presence, Intimacy, Meaning and Purpose*. Dave is the co-founder of Soultime for Men and has been co-facilitating soulful men's retreats for fourteen years. He is married and works as the Director of Elements Mentoring and Psychotherapy in Vancouver.

Roq Gareau has been training and facilitating groups for 20 years and has been co-facilitating men's retreats for 10 years. He has a keen ability to help folks have those difficult conversations they would rather avoid, but know they have to get to if things are to get better. Roq is particularly curious about how hierarchical contexts of command and control co-exist with models of shared leadership within organizations. Roq is co-Director of CentreSpoke Consulting and a facilitator for Soultime for Men.

